

**SAYERS SPORT CHIROPRACTIC AND REHAB**

**2901 Busch Lake Blvd. Tampa, FL 33614**

**(813) 936-7979**

**www.sayerschiropractic.com**

**PATIENT HISTORY**

Patient Name: \_\_\_\_\_ Date \_\_\_\_\_

**(Please check the most appropriate answer)**

**Chief Complaints**

**Is this due to a recent accident?** Yes  No

**If yes, type of accident?** Auto  Work  Other  \_\_\_\_\_

Neck pain  Mid back pain  Low back pain  Headaches  Shoulder pain Left  Right

Hip pain Left  Right  Leg pain Left  Right  Other  \_\_\_\_\_

Does the pain radiate anywhere? Yes  \_\_\_\_\_  
No

**Describe your Pain**

Dull  Sharp  Achy  Stiff  Tight   
Numbness  Tingling  Shooting

**How long have you had your pain?**

Acute  Chronic  Getting worse   
Getting better  Staying about the same

**What caused your pain?**

Slip and fall  Bending incorrectly  Strenuous activity   
After traveling  Woke up with symptoms  Work stress   
Unknown cause  Flare up of similar condition   
Other  \_\_\_\_\_

**Describe duration of pain**

Constant  Fairly constant  Off and on   
Mostly at night  Mostly upon waking   
Mostly after working  Mostly with activity   
No particular pattern  Other  \_\_\_\_\_

**Condition WORSENERD by**

General Activities of Daily Living  Sitting   
Standing Working  Computer /desk work   
Working  Sporting Activities   
Other  \_\_\_\_\_

**Condition HELPED by**

Rest  Home Ice/Heat Therapy  Physical Therap  
Activity  Over the Counter Meds   
Prescription Meds  Sports Creams   
Other  \_\_\_\_\_

**Past treatment for this condition**

Chiropractic care: none  helpful  not helpful  Who did you see last? \_\_\_\_\_

Medical care: none  helpful  not helpful  Name of PCP \_\_\_\_\_  
Phone number \_\_\_\_\_

Do we have your permission to send treatment records to your primary care physician? yes  no   
Please initial \_\_\_\_\_

Have you tried over the counter medications: none  helpful  not helpful

Please list \_\_\_\_\_  
\_\_\_\_\_

Have you tried cold/heat therapy at home: none  helpful  not helpful

Any past care for this condition: \_\_\_\_\_